

# MARTINSVILLE PARKS & RECREATION



## SUMMER/FALL 2018

CLASSES, PROGRAMS, & EVENTS

LIKE US ON FACEBOOK TO GET NEWS ON UPCOMING PROGRAMS,  
ATHLETICS, CLASSES, SPECIAL EVENTS, AND TRIPS!



# Welcome

We would like to thank you in advance for picking up the Summer/Fall Activity Guide to view all the great programs and services we are offering over the next few months. Martinsville Parks and Recreation strives to improve the quality of life for citizens of Martinsville and Henry County by providing comprehensive recreational programming for all ages.

## MARTINSVILLE PARKS AND RECREATION STAFF AND OFFICE INFORMATION

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# Parks and Shelters

**Park Shelters are available to rent from April 1st - October 1st. Please call 276-403-5140 to make your reservation. All parks are open from Sunup to Sundown.**

**Dana O Baldwin**— Swanson St. -

15.5 acres, picnic shelter w/grill, restrooms, tennis courts, and new playground equipment.

**J. Frank Wilson**—Old Log and Hill Shelter— Church St. Ext. -

30 acres, skate park, basketball court, walking trail, 18 hole disc golf course, playground, restrooms and 2 large picnic shelters.

**Beaver Creek Reservoir**— Redskin Dr. to Boat Ramp Dr. -

175 acre lake, picnic shelter, restrooms, fishing/boating (no gas powered motors). Boat permits are required and can be purchased at Reservoir for \$3/day or \$15/year. Canoes are also rented out for \$10/day with \$10 refundable deposit.

**Jackson St. Park**— Jackson & Church St. -

.3 acres, basketball court, park bench, playground equipment

**West End Park**— Cardinal Ln. -

13.72 acres, ball diamond, multipurpose courts, restrooms, swings, animal rockers, & climber.

**J.Russell Mason**— Clearview Park.-

6.5 acres, basketball court, picnic shelter, restrooms , Baseball/softball field available for private use.

**Southside Park**— Ranson Rd. -

37+ acres, 4 groomed baseball/softball field (3 are lighted) which are available to rent, spectator stands, concession stand, 2 separate restrooms facilities, basketball court, play ground, and large shelter.

**Chatham Heights Park**— Garden Ln. -

9 acres, ball field, multi-purpose court, restrooms, large shelter, playground, and hiking trail

**Cole & Carol Street Park**— Cole and Carol St. -

1.60 acres, playground equipment, park benches, and picnic area.

**Victor A. Lester Memorial Park**— Mulberry & Finley St. -

.60 acres gazebo, playground equipment, and picnic area.

**Spruce Street Park**— Spruce St. -

5.2 acres, ball field and tennis courts.



# Youth Activities

## Pitch, Hit, & Run

Come out and test your Baseball/Softball skill set against competitors throughout Martinsville-Henry County. Participants will be placed in 4 different age groups: 7-8, 9-10, 11-12, and 13-14. Winners in each age group will advance to a regional tournament.

Date/Time: April 21st

Location: Jordan Creek Park

Cost: Free

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## Baseball Camp

Martinsville Parks and Recreation, with help from local High School coaches and Patrick Henry Community College, will be offering a youth instructional baseball camp. This is a weeklong camp where participants will be taught fundamentals of fielding, pitching, and hitting. There will be a game between campers on Friday, June 8th. Camp is for kids 6-13 with registration being due on May 25th.

Date: June 4th-8th

Cost: \$25

Location: Southside Park



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## Hooked on Fishing Clinic

Have fun while helping young people learn the ins and outs of fishing at this local clinic. Martinsville Senior Center, Martinsville Parks and Recreation, Henry County Parks & Recreation and Angler's Choice will sponsor the "Twentieth Annual Fishing Clinic" on Saturday, June 2nd, 2018 from 9am-12noon at Beaver Creek Reservoir. We need local fishermen to introduce children to a sport they can enjoy for the rest of their lives. Children age 7-14 are welcome to participate in the clinic. Call the Senior Center at 276-403-5260 for more information.

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## Short Sports

Short Sports is a program geared towards 3-6 year old children. Each week a different sport will be taught. This is a great program to introduce your child to a variety of sports and also prepare your child for organized sports. Parents must be present and will be working with their children on assigned tasks. These classes are sponsored and ran by Henry County Parks & Recreation and Martinsville Parks & Recreation.

Date/Time: Monday, July 9th, 16th, 23rd, and 30th from 5:45pm—6:30pm

Location: Collinsville YMCA

Cost: \$10

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## Canoe Day

Slow down the pace of everyday life and bring your kids out to explore nature at 2 mph! Discover the beautiful Beaver Creek Reservoir by canoe. Canoeing is a simple, healthy exercise that everyone in the family can enjoy. Instruction will be provided for beginners.

Date/Time: June & July 13th from 10:00am-12:00am

Cost: Free

Location: Beaver Creek Reservoir



# Youth Activities

## Easter Egg Hunt

Come out to Hooker Field on March 31st from 11:00am-12:30pm for a community wide Easter Egg Hunt. Games will begin at 11:00am with Egg Hunt beginning at Noon. There will be an entry fee of 1 canned good or other non-perishable food item that will be donated to local food pantries. The Easter Egg Hunt is for ages 2-12

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## Outdoor Explore Camp

Don't be stuck inside all summer. Get out and enjoy the great outdoors. At this camp you will get to do just that. Spend part of your day hiking, exploring, and fishing and the other learning about outdoor safety and activities. Camp is available to all kids ages 7-11. Please register by June 16th.

Date/Time: June 25th-28th 10:00am-12:00pm

Cost: \$5

Location: City Parks



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## Scavenger Hunt

Do you consider yourself a master of riddles? If so, come by Frank Wilson Park and take place in our yearly Scavenger Hunt. Attendees will be given a starting clue and from there are allowed to scavenge the entire park until the prize is found. This event is open to children of all ages. Must sign up by July 21st.

Date: July 24th Beginning at 10:00am

Cost: Free

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## Skate Camp

For those who have always wanted to learn to skateboard or to even improve your skills, Martinsville Parks and Recreation will be hosting a youth Skate Camp. This camp will focus on safety, skate fundamentals, and even skate tricks. This camp is for children ages 7-13. Children are responsible for providing skateboards and pads. The deadline to register is July 6th. Instructors needed!!!

Date: TBD (Late July)

Cost \$20

Location: Frank Wilson Park

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## Archery Clinic

Come out and learn the basics and fundamentals of Archery. Students will get the opportunity to shoot at a variety of different targets. This is a great opportunity to learn a lifelong skill and just another reason to spend some time outside. Class is limited to 8 participants.

Date/Time: June 8th

Location: Meet at the Jack Dalton Picnic Shelter

Cost: \$10



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## Tennis Camps and Classes

A wide range of classes and camps will be offered throughout the Spring and Summer. All events will be ran/organized by Certified Tennis Instructor Rusty Lovell. For information on camps and classes please email Rusty at [rlovell6981@gmail.com](mailto:rlovell6981@gmail.com), call 775-412-8772 or on Facebook at Hometown Tennis.



# Youth Sports

## SPONSOR A TEAM

Sponsor a youth sports team. Fee is \$150 per team or \$250 to sponsor 2 teams. Your company name or logo will be placed on the front of the team shirts and you will receive a team picture.

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### Youth Football

Ages: 7-13

Ages will be broken up into 7-8 (flag), 9-10 (JR Tackle), 11-13 (SR Tackle).

Registration deadline is August 10th, 2018. The fee is \$10. Call 403-5140 for more information.

Volunteer coaches needed! Background checks will take place.

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### Cheerleading

Ages: 9-13

Number of squads will be based on number of football teams. We will have a squad for each team. Registration deadline will be August 10th, 2018. Registration fee will be \$10.

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### 4-5 Year Old Youth Basketball League

This is a co-ed league for all 4-5 year old kids. The league is designed to familiarize our youth with the rules and skills needed to play basketball. Sign-ups will begin the first of October and games will begin the first of November. The fee to participate is \$10.

#### Youth Basketball

##### Girls Basketball:

Ages will be broken up into 8-10 (girls/junior) and 11-13 (girls/senior).

Deadline to register is August 10th, 2018. The fee to participate is \$10.

This league will begin in late August.



##### Boys Basketball:

Ages will be broken up into 6-7 (coed), 8-9 (boys/junior) and 10-13 (boys/senior). Deadline to register is November 16th, 2018. The fee to participate is \$10. This league will begin the first of January.

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### Youth Fall Baseball

This is a co-ed coach pitch baseball league designed to familiarize our youth with the rules and skills needed to play baseball. We are also extending our league to girls Junior or Senior fast pitch softball. Deadline to register is August 12th. Fee to participate is \$10.

#### Age Groups:

6-8 co-ed coach pitch

Girls Minor or Major: 9-11 or 12-14

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### Girl's Youth Volleyball

Grades: 6th-8th The registration deadline will be November 16th, 2018. Registration fee to play is \$10.

For any questions please call 276-403-5140.

## Adult Sports

### Men's and Women's Adult Softball Summer/Fall League

Ages 18 and older, formed teams only. Please call 276-403-5140 for questions or come by our office to pick up a registration packet for your team.

The Summer league deadline to register is April 27th, 2018.

Date/Time: Season will tentatively begin May 15th, 2018

Location: Southside Park

Fee: \$250/team

The Fall league deadline is August 6th.

Date/Time: Season will tentatively August 30th, 2018

Location: Southside Park

Fee \$250/team



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### Men's Open Gym

18 & older, join us from 6-8pm to play basketball. Each player must sign a waiver each night. Must wear tennis shoes or basketball shoes to play.

DATE/TIME: January—April

FEE: \$2/person/night

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### Disc Golf League

We have an 18-hole disc golf course located at J. Frank Wilson Park. The course is free to play. Come by and pick up your scorecard as league play will begin May 2nd. We will be hosting a tournament later this Fall. Exact date will be announced during the Summer.

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### Open Tennis League

This league is open to both men and women ages 18 and older. Games will be played at Spruce Street tennis courts. The games will be scheduled throughout the summer months. The registration deadline will be May 18th, 2018. Matches will be set up between participants and winners will receive points for matches won. At the end of the season we will add up all scores with prizes being given out to the winners. Registration fee is \$10.

## Senior Center

### Who we serve...

Martinsville Senior Center provides recreational opportunities to adults age 50 and over and transportation to those 60 and over and to those under 60 who are disabled. Recreational activities are offered at the Senior Center and several off-site locations.

Socialization/Recreation- Recreational activities and events are offered to City of Martinsville residents 50 years of age and older at the Senior Center located at 21 Moss St. Activities are also held at off-site locations you can read about these activities in this program guide.



# Senior Center

Transportation – Martinsville city residents age 60 and over and disabled residents under 60 who do not have any type of transportation may sign up by calling the Senior Center at 403-5260. Transportation is provided Monday through Friday 8:30a.m. – 3:00p.m. to medical appointments, grocery store, pharmacy, nutrition site at the Senior Center, Dept. of Social Services, Social Security Administration, community recreational activities and other support services for the elderly and disabled. Transportation services are offered to promote continued independent living. An assessment form is filled out on each individual requesting transportation. A determination is made within five working days concerning whether or not the person is eligible. There is no charge to ride the van but you may give a donation if you are able to do so.

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## DROP IN ACTIVITIES

Wednesday – 10a.m. – Bible Study with Zeke Zanatos at Senior Center

11a.m. – Nutrition Site – at Senior Center - Seniors are provided a hot lunch (more details listed below)

11:15a.m. – Rook Games at Senior Center

Thursday – 9a.m. – Bible Study at Senior Center

12:30p.m. – 2:30p.m. Bingo at Senior Center (1st and 3rd Thursdays)

Friday – 9a.m. Group bowling at Sportlanes located at 10 Koehler Rd in Martinsville

11a.m. – Nutrition Site - seniors are provided a hot lunch at the Senior Center (1st and 3rd Fridays)

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## Saturday Morning Update

Please tune in to WHEE-AM 1370 every Saturday morning at 7:45a.m. for updates on Senior Center activities coming up the following week. This is a good way to keep up with all of the day -by- day regularly scheduled activities and events.

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## ICE CREAM SOCIAL

There will be an Ice Cream Social held in summer 2018 at the Senior Center. The staff will be on hand to make ice cream sundaes and banana splits. The exact date will be announced in the summer edition of the Senior Post.

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## FREE COMPUTER CLASS

The Blue Ridge Regional Library (Martinsville branch) and the Martinsville Senior Center will sponsor a free eight-week “Introduction to Computers” class this summer for seniors age 50 and over. Classes will be held on Thursday evenings from 5:30 pm to 6:45 pm. Call the Senior Center at 403-5260 for more details.

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## 2018 SENIOR CITIZENS HEALTH FAIR

To honor our local senior citizens, Martinsville Senior Center and Henry County Parks and Recreation will sponsor their Annual Senior Health Fair on Thursday, May 3, 2018. This event will be held at the Collinsville YMCA located at 395 West John Redd Boulevard from 8:00 am to 11:30 am.

Corporate Contributors to Fund the Event Are: SOVAH Health-Martinsville, Wright Funeral Services and Crematory, Collins-McKee-Stone Funeral Home, Roselawn Chapel Funeral Home, Blue Ridge Bank, Team Nurse, and Priva-Care

Blood Screenings: Diagnostic III Bloodwork - \$33.00, Lipid Panel Only - \$10.00, Thyroid Test - \$23.50, Prostate Specific Antigen - \$26.00

Work Point Wellness of SOVAH Health will offer the above screenings. For best results, please remember to fast after midnight the night before the screening. You may take all medications normally taken every day (such as blood pressure medicine) before the screenings.

Seniors may also take advantage of the following free screenings: Blood Pressure Screening – Team Nurse, Oxygen Saturation Test – Mountain Valley Hospice and Palliative Care, Vision Screening – Walmart Vision Center, Oral Cancer Screening – Dr. Craig Dietrich, DMC

George Hearn of Collins-McKee-Stone Funeral Home will emcee the event and door prizes will be given away. A light breakfast will be provided and lunch will be served from 11:30 am until 12:00 noon. For more information concerning the 2018 Health Fair, call the Martinsville Senior Center at 403-5260 or Henry County Parks and Recreation at 634-4644.



# Senior Center

## BREAKFAST AND SUPPER CLUBS

The Senior Breakfast Club meets the first Monday of each month at 9:00 am. The Senior Supper Club will meet the third Thursday of each month at 5:30 pm. Seniors participating in either the Breakfast and/or Supper Clubs are responsible for the cost of their meal. Locations will be provided in the Senior Post. Please call the Senior Center at 403-5260 for more information.

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## LUNCH CLUB

Meet, greet and eat with other fabulous individuals every quarter. The Lunch Club meeting locations will be announced in the Senior Post. Lunch begins at 12 noon and is Dutch treat. Pre-registration is required by calling the Senior Center at 403-5260.

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## Senior Nutrition Site

Join us for entertainment, socializing and a good hot lunch. The program is open to seniors on Wednesdays and the first and third Fridays at the Senior Center. Seniors listen to programs on healthy eating and other health matters and monthly blood pressure checks are provided. Seniors can also take part in games such as bingo and dominoes while attending the Nutrition Site.

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## Senior Bowling

Start your weekend off right by joining us at Sportlanes Bowling Alley each Friday morning at 9a.m. Cost to bowl is \$5.00 for three games which includes cost of bowling ball and shoes. You do not have to be an expert bowler. This is a time for bowlers of all skill levels to participate call 276-403-5260



## ANNUAL FALL GOLF TOURNAMENT

The Martinsville Senior Center, Henry County Parks and Recreation and Beaver Hills Golf Club will sponsor their Annual Fall Golf Tournament on Tuesday, September 11, 2018 at Beaver Hills Golf Course. Tee-off time will be announced closer to the tournament date. Refreshments will be served after the first nine holes and immediately following the tournament. For information on qualifying for the tournament, please contact Beaver Hills Golf Course at 632-1526.

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## Senior Post

This quarterly publication contains the most recent up-to-date information regarding senior citizen activities and programs available to seniors. The newsletter is available to any senior adult. The Senior Post can be picked up at Martinsville Senior Center, Southern Area Agency of Aging, Martinsville YMCA, and the Blue Ridge Regional Library.

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## AARP SMART DRIVER COURSE

Martinsville Senior Center in conjunction with AARP will sponsor an eight hour classroom Smart Driver Course in driver safety. This two-day class will be taught in Fall 2018. It is specifically designed for drivers 50 years of age and older. There is an auto insurance discount for participating in this course, however, you will need to discuss with your individual agent or company regarding the discount. Register early by calling 403-5260 as space is limited. A final date and time will be announced at a later date. The fee for AARP members is \$15.00 and \$20.00 for non-members. Please bring a bag lunch.

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## S.A.L.T NEWS (Seniors and Law Enforcement Together)

The Martinsville/Henry County TRIAD S.A.L.T Council will hold their Annual Senior Appreciation Day and Picnic on Wednesday, June 20, 2018 from 11:00 am to 1:00 pm at Jack Dalton Park. Lunch will be served to all seniors. For any questions concerning this event, please call Southern Area Agency on Aging at 632-6442.



## Senior Center

### Oil Painting Classes

The Senior Center will sponsor ongoing oil painting classes in the late Spring. The classes will be offered in six week sessions on Monday evenings and Tuesday mornings. Cost for the class is \$30.00 which does not include supplies. A list of supplies will be mailed to you upon registration or participants can pay a \$15 supply fee. Beginners are welcome. The instructor is Joyce Wray. Please call the Senior Center 403-5260 for more information.



## Parks and Recreation Events

### Smith River Fest

The Smith River Fest will be held on August 11th, 2018 from 9am-5pm at the Smith River Sports Complex. There will be a river race, mud run, and live music along with a climbing wall, petting zoo, free rides, family fun float, craft and education vendors, food, and pony rides. For more information call 276-634-4649 or visit [www.smithriverfest.com](http://www.smithriverfest.com).



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### Screen on the Green

Martinsville Parks and Recreation along with the Martinsville Mustangs will be hosting Screen on the Green this summer at Hooker Field. Bring your chairs and blankets so that you can kick back and enjoy a classic baseball movie at Hooker Field.

Date/Time: August 25th at 8:00pm

Fee: \$2

Location: Hooker Field

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### Great Goblin Gallop 5K

The Henry County Parks & Recreation Office in conjunction with the Martinsville Parks & Recreation sponsors the Annual Great Goblin Gallop 5K Race each October. The race course is a beautiful fairly level loop around Lake Lanier in Martinsville.

Date: October 27th, 2018

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### Photo Contest

Help us capture the beautiful landscapes, places, and people of Martinsville and Henry County in the 2019 Martinsville Parks & Recreation Photo Contest. Winners will be featured in future Parks & Recreation programs and on our Facebook page! To submit a photo email your photo to [parkrec@ci.martinsville.va.us](mailto:parkrec@ci.martinsville.va.us) between May 1st– October 1st. Official rules may be picked up at the Martinsville Parks & Recreation office. A special thanks to Matthew Richardson and Scattered Minds Studios for taking this great picture of Frank Wil-son Park!



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### Home Run Derby

Do you consider yourself a power hitter and want to prove it to the community? Contestant must provide pitcher and their own ball. Any core and compression ball and bat is welcomed. Derby will be held in playoff style with 3 rounds.

Date/Time: September 18th at 7:00pm

Fee: \$10 per contestant

Location: Southside Park



## Parks and Recreation Events

### Bass Tournament/Night Catfish at Beaver Creek Reservoir

Bass Dates: March 10th, April 14th, May 12th, June 9th, July 14th, August 11th, September 8th, and October 13th.

The cost to enter will be \$40 per boat with payout being \$30 per boat that is entered. July 14th and August 11th will begin at 6:00pm-12:00am all other dates will begin at 7:00am and last until 1:00pm. Payout will be based on number of boats ( 1 payout per 5 registered boats). Must fish 4 of the first 7 tournament to be eligible for the October 13th date. \$10unker for each tournament with 100% payout!

Night Catfish Dates: April 28th, May 26th, June 23rd, July 28th, August 25th, and September 22nd

Cost is \$10 per person per date and the prize will a 50/50 cash payout for the largest fish. They will begin at 6:00pm and last until 12:00am. Payment will be taken at gate the night of the catfish tournament.

For information Call David Johnston at 252-7680 or Zach Morris at 276-403-5379.



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### Trunk-or-Treat

Martinsville Parks and Recreation along with Henry County Parks and Recreation and the YMCA will be hosting a Trunk-or-Treat which is open to the community. You can dress up in your favorite costume, play games, and even enjoy a spooky hayride all in the same night.

Date/Time: October 27th from 6:00pm-8:00pm

Location: Jack Dalton Park

## Local Fitness

### Pound Fit

Strengthen & sculpt hardly used muscles and drum your way to a lower, slimmer physique-all while rocking out to your favorite music. Drastically improve your rhythm, timing, coordination, speed, agility, endurance and musicality. Classes are limited to 20 people and go fast. Call Gym 24 @ 276.638.2170 to find out more details and to find out the next class.

Date/Time: Varies

Location: Gym 24

Cost: \$5 per class (payable to Gym 24)

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### Rockbottom Athletics

Will host a Boxing Boot Camp every Tuesday and Thursday evening during the month of April starting on Tuesday April 3rd and ending on Thursday April 26th. Camp will run from 5pm-5:45pm ages 5-10 and from 6pm-7pm for ages 11-18. For more info contact Jomo Lucas at 276-340-2182

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### CrossFit 276 Summer Strength and Conditioning Camp

When: June 18th – August 2nd

Where: CrossFit 276 714 Memorial Blvd. N, Martinsville, VA

Dates: Mon & Wed 3:30pm – 4:30pm Males (6 – 12 yrs) 4:30pm – 5:30pm Males (13 – 18 yrs)

Tue & Thur 3:30pm – 4:30pm Female (6 – 12 yrs) 4:30pm – 5:30pm Female (13 – 18 yrs)

Cost: \$60 for summer or \$6 per class

For Questions or Registration Contact Jerelle Carter (276) 632-3276



**JUNE 9<sup>TH</sup>- FIREWORKS CELEBRATION!!!**

**JULY 1<sup>ST</sup>- SALUTE THE TROOPS/FREEDOM FIREWORKS!**

**AUGUST 4<sup>TH</sup>- GREAT COMMUNITY GIVEBACK GAME/ FIREWORKS FINALE!!**

**ALL YOU CAN EAT DEALS AVAILABLE STARTING AT JUST \$25!**  
**GIVE OUR OFFICE A CALL AT 276-403-5250 TO RESERVE YOURS TODAY!**

Head to [MartinsvilleMustangs.com](http://MartinsvilleMustangs.com) to check out our full schedule and information!

"Like" us on Facebook to stay up to date on all of our promotions and everything Mustangs!!!!

